

## Zeitzone, die mit PHP genutzt werden können

(IANA-Zeitzonendatenbank)

Die in dieser PDF-Datei enthaltenen Daten stammen von php.net. Ich habe sie hier zusammengestellt, damit die Suche nach einer Zeitzone einfacher wird.

### Afrika:

Africa/Abidjan	Africa/Accra	Africa/Addis_Ababa	Africa/Algiers
Africa/Asmara	Africa/Bamako	Africa/Bangui	Africa/Banjul
Africa/Bissau	Africa/Blantyre	Africa/Brazzaville	Africa/Bujumbura
Africa/Cairo	Africa/Casablanca	Africa/Ceuta	Africa/Conakry
Africa/Dakar	Africa/Dar_es_Salaam	Africa/Djibouti	Africa/Douala
Africa/El_Aaiun	Africa/Freetown	Africa/Gaborone	Africa/Harare
Africa/Johannesburg	Africa/Juba	Africa/Kampala	Africa/Khartoum
Africa/Kigali	Africa/Kinshasa	Africa/Lagos	Africa/Libreville
Africa/Lome	Africa/Luanda	Africa/Lubumbashi	Africa/Lusaka
Africa/Malabo	Africa/Maputo	Africa/Maseru	Africa/Mbabane
Africa/Mogadishu	Africa/Monrovia	Africa/Nairobi	Africa/Ndjamena
Africa/Niamey	Africa/Nouakchott	Africa/Ouagadougou	Africa/Porto-Novo
Africa/Sao_Tome	Africa/Tripoli	Africa/Tunis	Africa/Windhoek

### Amerika:

America/Adak	America/Anchorage	America/Anguilla	America/Antigua
America/Araguaina	America/Argentina/ Buenos_Aires	America/Argentina/ Catamarca	America/Argentina/ Cordoba
America/Argentina/ Jujuy	America/Argentina/ La_Rioja	America/Argentina/ Mendoza	America/Argentina/ Rio_Gallegos
America/ Argentina/Salta	America/Argentina/ San_Juan	America/Argentina/ San_Luis	America/Argentina/ Tucuman
America/ Argentina/Ushuaia	America/Aruba	America/Asuncion	America/Atikokan
America/Bahia	America/ Bahia_Banderas	America/Barbados	America/Belem
America/Belize	America/Blanc-Sablon	America/Boa_Vista	America/Bogota
America/Boise	America/ Cambridge_Bay	America/ Campo_Grande	America/Cancun

America/Caracas	America/Cayenne	America/Cayman	America/Chicago
America/Chihuahua	America/Ciudad_Juarez	America/Costa_Rica	America/Creston
America/Cuiaba	America/Curacao	America/ Danmarkshavn	America/Dawson
America/ Dawson_Creek	America/Denver	America/Detroit	America/Dominica
America/Edmonton	America/Eirunepe	America/El_Salvador	America/Fort_Nelson
America/Fortaleza	America/Glace_Bay	America/Goose_Bay	America/Grand_Turk
America/Grenada	America/Guadeloupe	America/Guatemala	America/Guayaquil
America/Guyana	America/Halifax	America/Havana	America/Hermosillo
America/Indiana/ Indianapolis	America/Indiana/Knox	America/Indiana/ Marengo	America/Indiana/ Petersburg
America/Indiana/ Tell_City	America/Indiana/Vevay	America/Indiana/ Vincennes	America/Indiana/ Winamac
America/Inuvik	America/Iqaluit	America/Jamaica	America/Juneau
America/Kentucky/ Louisville	America/Kentucky/ Monticello	America/Kralendijk	America/La_Paz
America/Lima	America/Los_Angeles	America/ Lower_Princes	America/Maceio
America/Managua	America/Manaus	America/Marigot	America/Martinique
America/Matamoros	America/Mazatlan	America/Menominee	America/Merida
America/Metlakatla	America/Mexico_City	America/Miquelon	America/Moncton
America/Monterrey	America/Montevideo	America/Montserrat	America/Nassau
America/New_York	America/Nome	America/Noronha	America/ North_Dakota/Beulah
America/ North_Dakota/ Center	America/ North_Dakota/ New_Salem	America/Nuuk	America/Ojinaga
America/Panama	America/Paramaribo	America/Phoenix	America/Port-au- Prince
America/ Port_of_Spain	America/Porto_Velho	America/Puerto_Rico	America/Punta_Arenas
America/ Rankin_Inlet	America/Recife	America/Regina	America/Resolute
America/Rio_Branco	America/Santarem	America/Santiago	America/ Santo_Domingo
America/Sao_Paulo	America/Scoresbysund	America/Sitka	America/ St_Barthelemy
America/St_Johns	America/St_Kitts	America/St_Lucia	America/St_Thomas
America/St_Vincent	America/Swift_Current	America/Tegucigalpa	America/Thule
America/Tijuana	America/Toronto	America/Tortola	America/Vancouver
America/Whitehorse	America/Winnipeg	America/Yakutat	

## Antarktis:

Antarctica/Casey	Antarctica/Davis	Antarctica/DumontD'Urville	Antarctica/Macquarie
Antarctica/Mawson	Antarctica/McMurdo	Antarctica/Palmer	Antarctica/Rothera
Antarctica/Syowa	Antarctica/Troll	Antarctica/Vostok	

## Asien:

Asia/Aden	Asia/Almaty	Asia/Amman	Asia/Anadyr
Asia/Aqtau	Asia/Aqtobe	Asia/Ashgabat	Asia/Atyrau
Asia/Baghdad	Asia/Bahrain	Asia/Baku	Asia/Bangkok
Asia/Barnaul	Asia/Beirut	Asia/Bishkek	Asia/Brunei
Asia/Chita	Asia/Choibalsan	Asia/Colombo	Asia/Damascus
Asia/Dhaka	Asia/Dili	Asia/Dubai	Asia/Dushanbe
Asia/Famagusta	Asia/Gaza	Asia/Hebron	Asia/Ho_Chi_Minh
Asia/Hong_Kong	Asia/Hovd	Asia/Irkutsk	Asia/Jakarta
Asia/Jayapura	Asia/Jerusalem	Asia/Kabul	Asia/Kamchatka
Asia/Karachi	Asia/Kathmandu	Asia/Khandyga	Asia/Kolkata
Asia/Krasnoyarsk	Asia/Kuala_Lumpur	Asia/Kuching	Asia/Kuwait
Asia/Macau	Asia/Magadan	Asia/Makassar	Asia/Manila
Asia/Muscat	Asia/Nicosia	Asia/Novokuznetsk	Asia/Novosibirsk
Asia/Omsk	Asia/Oral	Asia/Phnom_Penh	Asia/Pontianak
Asia/Pyongyang	Asia/Qatar	Asia/Qostanay	Asia/Qyzylorda
Asia/Riyadh	Asia/Sakhalin	Asia/Samarkand	Asia/Seoul
Asia/Shanghai	Asia/Singapore	Asia/Srednekolymsk	Asia/Taipei
Asia/Tashkent	Asia/Tbilisi	Asia/Tehran	Asia/Thimphu
Asia/Tokyo	Asia/Tomsk	Asia/Ulaanbaatar	Asia/Urumqi
Asia/Ust-Nera	Asia/Vientiane	Asia/Vladivostok	Asia/Yakutsk
Asia/Yangon	Asia/Yekaterinburg	Asia/Yerevan	

## Atlantik:

Atlantic/Azores	Atlantic/Bermuda	Atlantic/Canary	Atlantic/Cape_Verde
Atlantic/Faroe	Atlantic/Madeira	Atlantic/Reykjavik	Atlantic/South_Georgia
Atlantic/St_Helena	Atlantic/Stanley		

## **Australien:**

Australia/Adelaide	Australia/Brisbane	Australia/Broken_Hill	Australia/Darwin
Australia/Eucla	Australia/Hobart	Australia/Lindeman	Australia/Lord_Howe
Australia/Melbourne	Australia/Perth	Australia/Sydney	

## **Europa:**

Europe/Amsterdam	Europe/Andorra	Europe/Astrakhan	Europe/Athens
Europe/Belgrade	Europe/Berlin	Europe/Bratislava	Europe/Brussels
Europe/Bucharest	Europe/Budapest	Europe/Busingen	Europe/Chisinau
Europe/Copenhagen	Europe/Dublin	Europe/Gibraltar	Europe/Guernsey
Europe/Helsinki	Europe/Isle_of_Man	Europe/Istanbul	Europe/Jersey
Europe/Kaliningrad	Europe/Kirov	Europe/Kyiv	Europe/Lisbon
Europe/Ljubljana	Europe/London	Europe/Luxembourg	Europe/Madrid
Europe/Malta	Europe/Mariehamn	Europe/Minsk	Europe/Monaco
Europe/Moscow	Europe/Oslo	Europe/Paris	Europe/Podgorica
Europe/Prague	Europe/Riga	Europe/Rome	Europe/Samara
Europe/San_Marino	Europe/Sarajevo	Europe/Saratov	Europe/Simferopol
Europe/Skopje	Europe/Sofia	Europe/Stockholm	Europe/Tallinn
Europe/Tirane	Europe/Ulyanovsk	Europe/Vaduz	Europe/Vatican
Europe/Vienna	Europe/Vilnius	Europe/Volgograd	Europe/Warsaw
Europe/Zagreb	Europe/Zurich		

## **Indien:**

Indian/Antananarivo	Indian/Chagos	Indian/Christmas	Indian/Cocos
Indian/Comoro	Indian/Kerguelen	Indian/Mahe	Indian/Maldives
Indian/Mauritius	Indian/Mayotte	Indian/Reunion	

## Pacific:

Pacific/Apia	Pacific/Auckland	Pacific/Bougainville	Pacific/Chatham
Pacific/Chuuk	Pacific/Easter	Pacific/Efate	Pacific/Fakaofu
Pacific/Fiji	Pacific/Funafuti	Pacific/Galapagos	Pacific/Gambier
Pacific/Guadalcanal	Pacific/Guam	Pacific/Honolulu	Pacific/Kanton
Pacific/Kiritimati	Pacific/Kosrae	Pacific/Kwajalein	Pacific/Majuro
Pacific/Marquesas	Pacific/Midway	Pacific/Nauru	Pacific/Niue
Pacific/Norfolk	Pacific/Noumea	Pacific/Pago_Pago	Pacific/Palau
Pacific/Pitcairn	Pacific/Pohnpei	Pacific/Port_Moresby	Pacific/Rarotonga
Pacific/Saipan	Pacific/Tahiti	Pacific/Tarawa	Pacific/Tongatapu
Pacific/Wake	Pacific/Wallis		

## Warnung

Die folgenden Zeitzoneen können sich fehlerhaft verhalten, denn sie existieren nur aus Gründen der Rückwärtskompatibilität. Diese Zeitzoneen können jederzeit aus der IANA-Zeitzoneendatenbank entfernt werden!

Africa/Asmera	Africa/Timbuktu	America/Argentina/ComodRivadavia	America/Atka
America/Buenos_Aires	America/Catamarca	America/Coral_Harbour	America/Cordoba
America/Ensenada	America/Fort_Wayne	America/Godthab	America/Indianapolis
America/Jujuy	America/Knox_IN	America/Louisville	America/Mendoza
America/Montreal	America/Nipigon	America/Pangnirtung	America/Porto_Acre
America/Rainy_River	America/Rosario	America/Santa_Isabel	America/Shiprock
America/Thunder_Bay	America/Virgin	America/Yellowknife	Antarctica/South_Pole
Asia/Ashkhabad	Asia/Calcutta	Asia/Chongqing	Asia/Chungking
Asia/Dacca	Asia/Harbin	Asia/Istanbul	Asia/Kashgar
Asia/Katmandu	Asia/Macao	Asia/Rangoon	Asia/Saigon
Asia/Tel_Aviv	Asia/Thimbu	Asia/Ujung_Pandang	Asia/Ulan_Bator
Atlantic/Faeroe	Atlantic/Jan_Mayen	Australia/ACT	Australia/Canberra

Australia/Currie	Australia/LHI	Australia/North	Australia/NSW
Australia/ Queensland	Australia/South	Australia/Tasmania	Australia/Victoria
Australia/West	Australia/ Yancowinna	Brazil/Acre	Brazil/DeNoronha
Brazil/East	Brazil/West	Canada/Atlantic	Canada/Central
Canada/Eastern	Canada/Mountain	Canada/Newfoundland	Canada/Pacific
Canada/ Saskatchewan	Canada/Yukon	CET	Chile/Continental
Chile/EasterIsland	CST6CDT	Cuba	EET
Egypt	Eire	EST	EST5EDT
Etc/GMT	Etc/GMT+0	Etc/GMT+1	Etc/GMT+10
Etc/GMT+11	Etc/GMT+12	Etc/GMT+2	Etc/GMT+3
Etc/GMT+4	Etc/GMT+5	Etc/GMT+6	Etc/GMT+7
Etc/GMT+8	Etc/GMT+9	Etc/GMT-0	Etc/GMT-1
Etc/GMT-10	Etc/GMT-11	Etc/GMT-12	Etc/GMT-13
Etc/GMT-14	Etc/GMT-2	Etc/GMT-3	Etc/GMT-4
Etc/GMT-5	Etc/GMT-6	Etc/GMT-7	Etc/GMT-8
Etc/GMT-9	Etc/GMT0	Etc/Greenwich	Etc/UCT
Etc/Universal	Etc/UTC	Etc/Zulu	Europe/Belfast
Europe/Kiev	Europe/Nicosia	Europe/Tiraspol	Europe/Uzhgorod
Europe/Zaporozhye	Factory	GB	GB-Eire
GMT	GMT+0	GMT-0	GMT0
Greenwich	Hongkong	HST	Iceland
Iran	Israel	Jamaica	Japan
Kwajalein	Libya	MET	Mexico/BajaNorte
Mexico/BajaSur	Mexico/General	MST	MST7MDT
Navajo	NZ	NZ-CHAT	Pacific/Enderbury
Pacific/Johnston	Pacific/Ponape	Pacific/Samoa	Pacific/Truk
Pacific/Yap	Poland	Portugal	PRC
PST8PDT	ROC	ROK	Singapore
Turkey	UCT	Universal	US/Alaska
US/Aleutian	US/Arizona	US/Central	US/East-Indiana
US/Eastern	US/Hawaii	US/Indiana-Starke	US/Michigan
US/Mountain	US/Pacific	US/Samoa	UTC
W-SU	WET	Zulu	

Quelle: <https://www.php.net/manual/de/timezones.php>

Wer sich mit Zeitzonen beschäftigen möchte und es noch genauer braucht wird hier  
fündig: <https://www.zeitzonen.de>